



KILRUSH PARISH NEWSLETTER

SUNDAY 19TH APRIL 2020

CONTACT PRIEST: FR. PAT LARKIN TEL: 0659062729

Parish email ~ kilrushparishoffice@gmail.com Parish Website~ www.kilrushparish.com

Parish Office Tel ~ 0894026161



Now that Lent has concluded the challenge of collecting Trócaire Boxes and contributions begins. This year when our Churches re-open and it is safe to come out again, please bring your Trócaire box, so that the poorest of the poor are not forgotten.

"You cannot get to Heaven without a letter of reference from the Poor."

PRAYER

May the world see Hope when it looks at God's people.
May the world see the Church is not a building or steeple.
May the world find Faith in Jesus' death and resurrection,
May the world find Joy in a time of dejection.
May 2020 be known as the year of survival,
But not only that - Let it start a revival.

COVID-19 COUPLES & RELATIONSHIPS SUPPORT LINE—ACCORD

If you need to speak to an experienced couples & relationships counsellor during this time of unprecedented stress and pressure on family life contact 028 9568 0151 9am—8pm Mon-Frid.

CATHOLICFLIX

To help Mums, Dads & families, School Teachers and Parishes, through this difficult period of the Corona virus, we are making this catholic videos website completely "FREE" for 60 days. Visitors can now access the Catholic videos streaming site free-of-charge for 60 days. See www.CatholicFlix.ie for more information

An act of Spiritual Communion

While we cannot receive communion at this time we can still make an act of Spiritual Communion in which we express our faith in Jesus and in his presence in the Eucharist and invite him to unite himself with us.

Act of Spiritual Communion My Jesus, I believe that you are present in the Most Holy Sacrament. I love you above all things, And I desire to receive you into my soul. Since I cannot at this moment receive you sacramentally, Come at least spiritually into my heart. I embrace you as if you were already there and unite myself wholly to you. Never permit me to be separated from you. (St. Alphonsus de Liguori)

O Sacrament Most Holy, O Sacrament Divine, All praise and thanksgiving be every moment thine! X3



SAFEGUARDING AUDIT REPORT

The official report of the Safeguarding Audit which took place in the Diocese from 8th - 10th January is now available. Our parish was one of the three parishes where the reviewers visited. A Sincere thanks to all who gave of their time, input and experience of Safeguarding in our parish during the visit. Sincere thanks to all our young people from the Parish Youth Ministry Group, Youth Ministry Group Leaders, Members of the Family Mass Group, Members of the Play & Pray Group, our Parish Safeguarding Rep. Aishling. Our Parish Secretaries Aisling & Hillary, our Parish Pastoral Council members. It is through your support & commitment that a very good response was achieved. If anyone has concerns in relation to safeguarding in our parish feel free to contact Cleo Yates at c.yates@killaloediocese.ie or 065-6828638 or contact Fr. Pat The report can be viewed at the following link

www.killaloediocese.ie/updates-reports-newsletters

Today is Divine Mercy Sunday. It was instituted by St John Paul II in May 2000. The message and devotion to Jesus as The Divine Mercy is based on the writings of Saint Faustina a Polish nun who died in 1938 aged thirty three years. The message of God's Divine Mercy is nothing new. The Church has always taught through Scripture and through tradition that God is merciful, and that forgiveness is available for all sins. His mercy is much greater than any sin. We ought to come before God humbly and with confidence in his Divine Mercy. We can say this prayer today; O fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us. This Easter is different as Ireland and the whole world is threatened by Coronavirus. Our social interaction is limited, and we must stay at home and away from people. Let us not be downhearted. In his Urbi et Orbi Easter message Pope Francis has reminded us that we are not alone but united with Christ in prayer

Parish Safeguarding Representatives: Aisling Horgan

REMEMBERED IN MASS THIS WEEK



First Anniversary Mass

Maureen Waller nee Leonard late of Fahy's Rd & London
Mass Sunday 19th April @ 12noon

Months Mind Mass

Cecilia Mulqueen late of Ballynote East
Mass Saturday 18th April @7pm

Saturday 18th April 10.00am

7.00pm Cecilia Mulqueen late of Ballynote East
Patrick Beringham late of Ballykett
Joe O'Donnell late of O'Gorman Street
Cyril Kennedy late of Cappa

Sunday 19th April

10.00am Joe Finnucane late of Frances Street
Margaret & Josh Barrett late of Moore Street
Cormac Hayes late of Chapel Drive

12noon Kevin Lynch Snr & Kevin Lynch Jnr late of
Henry Street
Maureen Waller nee Leonard late of Fahy's Rd
& London

Monday 20th April—10.00am

Tuesday 21st April—10.00am

Wednesday 22nd April—10.00am

Thursday 23rd April—10.00am

Friday 24th April—10.00am
Bridget Hamillton

Saturday 25th April 10.00am

7.00pm

Sunday 26th April

10.00am Kathy Browne

12noon John McDermott late of O'Gorman Street

MASSSES WILL CONTINUE TO BE AIRED ON THE CHURCH
RADIO AND ON THE WEBCAM. JOIN US EVERY WEEKDAY
MORNING FOR THE 10AM MASS & SAT @ 10AM & 7PM &
SUNDAY @ 10AM & 12NOON. MASS INTENTIONS ARE STILL
WELCOME, JUST RING US ON THE PARISH PHONE @
0894026161 & WE CAN ARRANGE IT FOR YOU.
STAY SAFE, STAY AT HOME.



KILRUSH SHAMROCKS DRAW

Congratulations to this weeks annual
supporter: **Nora O'Brien**



USEFUL CONTACT NUMBERS

COVID-19 Support Line 0818 222 024.
Queally's Supervalu Kilrush 0659051882
Malones Pharmacy 0659052552 **Duffy's Chemist**
0659051029 **Central Pharmacy** 0659051787 West Clare
Family Resource Centre 086 752 4377

PRINTED COPIES OF THE NEWSLETTER

will be available each week from the following local shops:
Queally's Supervalu, The Corner shop, Crowleys
Garage & Whelan's Foodstore.

Clare Covid-19 community response helpline:

The helpline can put you in touch with local volunteers
who can assist with delivering basic needs such as
shopping, medicine, fuel, farming support etc. to
those who need it. Tel: 1 890 252943 Email:
covidsupport@clarecoco.ie

WAYS TO DEAL WITH STAYING AT HOME

Exercise, eat healthy and get 6 to 8 hours of sleep
when possible

Find ways to relax and do healthy activities that you
enjoy. Anyone can feel stress and anxiety.

Set goals and plan a daily routine. Plan when to
wake up, what to eat and when to sleep.

Take breaks from checking the latest news on
coronavirus (COVID-19).

Call friends and family to hear a familiar voice.
Make a video call to feel close when you're not
together. For more info see: www.hse.ie

THE LIGHTHOUSE

The last few weeks have no doubt been stressful for many of
us. A new, free online stress control programme which offers
advice on ways to manage our stress levels during these tough
times is now available. The 6 session on-line programme will
run over 3 weeks on Mondays and Thursdays. For more
information see www.stresscontrol.org



BASKETBALL IRELAND HAVE LAUNCHED

a new weekly home skills training programme
aimed at younger members & those who may
or may not have played the game before. visit:
www.basketballireland.ie/skills programme
**nice easy activities you can do at home in
the sun!**

